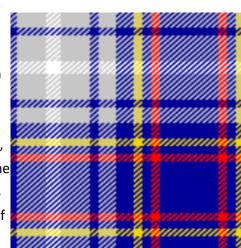


Welcome to April! It may not yet feel like it, but the cold weather is mostly behind us. The historic average low for April is just below freezing, though our area still averages about 3 inches of snow in April; with hope, the April showers will be rain, and not snow. Either way, April is National Pickleball Month, so pick up your paddle and hit the courts! April is also Keep America Beautiful Month. You can help by participating in Clean Up, Green Up on April 26. For more information, call 775-777-0517 or see the Front Office.

April also happens to be Scottish-American Heritage Month and National Tartan
Day is April 6. In honor of these two celebrations, this month we will discuss a
relevant Nevada State Symbol, the State Tartan. The Nevada State Tartan has an
official entry in The Scottish Register of Tartans and was codified in 2001. The
Tartan is made of 5 colors: Blue, Silver, Red, Yellow, and White. Blue, one of the
state colors of Nevada, represents Lake Tahoe and the Mountain Bluebird. Silver,
our other state color, represents our state mineral, the granite Sierra Nevadas, the
silver in northern Nevada, as well as one of our state nicknames. Red represents
the state precious gemstone, the Virgin Valley black fire opal, and the red rock of
southern Nevada. Yellow represents sagebrush, our state flower, and the Great



Basin Region in the center of our state. White is for our name, which means "snow-covered" in Spanish. There are another seven (7) specific points of representation within the Nevada Tartan as well, though that would take another paragraph to detail. Feel free to stop in my office and I'll be happy to go over them in person.

Over the next few months, our new garage will be built. There will be heavy equipment running at times with a construction crew in the area, so please be aware and be cautious when driving near the far end of the parking lot. Our new website is up and running, so please take a minute to look it over. We are still doing some clean-up, though if you see anything incorrect, please let us know. Please continue to make checks out to either ESAP or Elko Senior Center. Did you know that April is Parkinson's Awareness Month? The Parkinson Support Center of Northern Nevada has an education series that our Members can participate in. These helpful sessions can be joined via Zoom, saving travel time and expenses. Please see me and I can get you more information.

In closing, the Board has allowed me to move forward with pursuing options for a new parcel on which to construct a new building. The process of securing land, designing a new building, funding a new building, and construction will take a number of years. If you are interested in including the Senior Center in your estate plans, please come visit with me to discuss options. Please also keep in mind that we are building up our Meal Endowment account, so when you want to honor a friend or loved one living or passed, please consider a small donation in their memory.

Have a terrific month!

Matt

MISSION STATEMENT:

APRIL ACTIVITY SUMMARY									
	Day(s)	Date(s)	Time	Location	Fee				
BYOS = Bring Your Own Supplie									
Games & Recreation									
Hand & Foot Canasta	Mondays	Ongoing	9:00-11:00 a.m.	Dining Room	Free				
Mahjong	Tuesdays Wednesdays	Ongoing	9:00-11:00 a.m. 9:00-11:00 a.m.	Dining Room	Free				
5 Crowns Spinner Dominoes	Thursdays	Ongoing Ongoing	9:00-11:00 a.m.	Dining Room Dining Room	Free Free				
Quixx	Fridays	Ongoing	9:00-11:00 a.m.	Dining Room	Free				
Bridge (Duplicate)	Weds.	Ongoing	1:00-4:00 p.m.	Dining Room	\$2.00				
Bridge	MonThu.	Ongoing	1:00-4:00 p.m.	Varies	Free				
Bunco	1st Mon.	Apr. 1	12:45 p.m.	Dining Room	BYOS				
Beginning Bridge Class	Monday	Ongoing	9:30-11:30 a.m.	Dining Room	Free				
Dominoes	Weds.	Ongoing	1:00-3:00 p.m.	Dining Room	Free				
Penny Ante Poker	T & Th.	Ongoing	9:00-11:00 a.m.	Dining Room	BYOS				
Pinochle	Thursdays	Ongoing	9:00 a.m.	Dining Room	BYOS				
Exercise									
Stretch & Strength	Thursdays	Ongoing	12:30-2:00 p.m.	Technology Room	Free				
Stretch Program	M,W, F	Ongoing	9:00-9:45 a.m.	Large Activity Room	Free				
Strength Program	M,W, F	Ongoing	9:45-10:15 a.m.	Large Activity Room	Free				
Tai Chi Techniques	M-Th	Ongoing	10:30-11:30 a.m.	Large Activity Room	Free				
Square Dancing	Thursdays	Ongoing	6:00 p.m8:00 p.m.	Large Activity Room	Free				
		Arts & Cra	afts		Г				
Watercolor Painting & Drawing	Wednesdays.	Ongoing.	9:30 a.m3:00	Art Room	BYOS				
Char's Craft Class	p.mvaries	TBD	10:00-11:30 a.m.	Art Room	Varies				
Connecting & Support									
Bible Study	Tuesdays	Ongoing	1:00-3:00 p.m.	Tech. Room & Zoom	Free				
TOPS (Taking off Pounds Sensibly	,	Ongoing	9:00-10:30 a.m.	Technology Room	Varies				
Friends Day Out - Java Music Club	Fridays	Ongoing	1:00-3:30 p.m.	Art Room	Free				
Cancer Support Group	Varies	TBD	11:00-12:00 noon	Craft Room	Free				
Garden Club	Varies	Apr. 4	11:30	Large Activity Room	Free				
Produce on Wheels		<u> </u>	1:30 a.m12:30 p.m.		Free				
Alzheimer's Support Group	4th Weds.	Apr. 23	1:00-3:00 p.m.	Technology Room	Free				
Access to Healthcare	2nd Friday	Apr. 11	11:00 a.m1:00 p.m.		Free				
Dementia Friendly Elko	3rd Weds.	Apr. 16	1:00-2:00 p.m.	Technology Room	Free				
Nevada Legal Services (By Appt.)		May. 7	9:00 a.m2:00 p.m.	Technology Room	Free				
Memoir Writing	4th Thurs.	Apr. 24	1:00-2:00 p.m.	Technology Room	Free				
Kiwanis	М	Ongoing	12:00 noon	Technology Room	\$10.00				
Rotary (Noon Club)	W	Ongoing	12:00 noon	Large Activity Room	\$10.00				
Rotary (Desert Sunrise)	Th	Ongoing	6:30 a.m.	Dining Room	\$10.00				
Sunrise Toastmasters	F	Ongoing	6:45 a.m.	Art Room	Free				
Travel Club	3rd Friday	Apr. 18	1:00 p.m.	Large Activity Room	Varies				
Elko County Democratic Party	3rd Tuesday	Apr. 15	5:30 p.m.	Technology Room	Varies				

In Loving Memory



Michael Mauser February 6, 2025



Betty Hirschman February 19, 2025

In Memoriam Birthdays

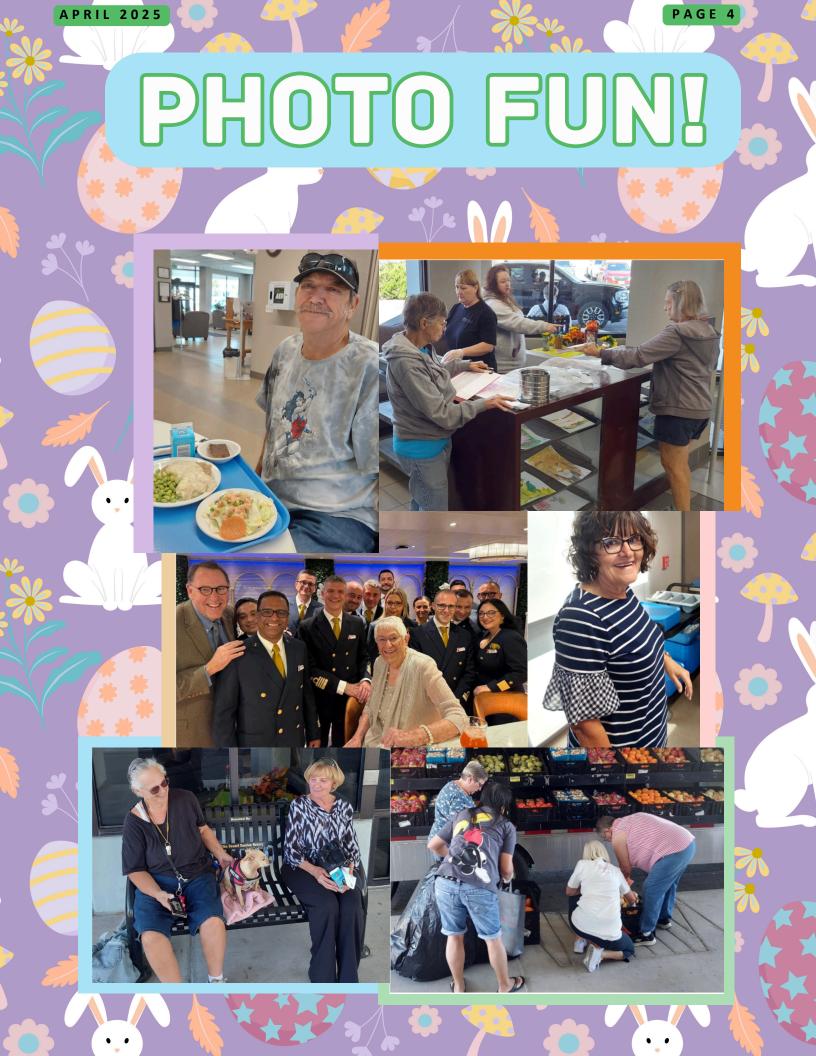
MAR 1 PAT KENDRICK DOROTHY LAWSON RAY PAOLI BETTY WRIGHT MAR 2 MARK CHILTON LANNY TROTTER MAR 3 ALVIN DEBOER RITA SMITH MAR 5 NINA DUFAULT KEITH HEIDENREICH CURTIS WALKER MAR 6 JOANN SCHULTZ MAR 10 PATTY TACKET

MAR 12 JOHN CROWDER CONNIE ELLISON-HYDE GARY KOFFLER **MAR 13** LEE ELLIOTT MICKELS **MAR 14 ELEANOR SCHURB** MAR 16 BARBARA FREEMAN HARRY JACKSON SR MAR 17 HARRY BOTSFORD GEORGE MYERS CLYDE OSTLER PAT SHEEHAN **MAR 18** ROBERT RENIER

MAR 19 JUDI HOUSLEY MAR 21 CLIFFORD AVERY JEAN CLEMENS LEO JOHNNIE SR ROBERT KERTH MAR 23 HARVEY BLAND JEAN POWELL MAR 24 LANETTE ARANGUENA LEWIS CAPLE HELEN IVERSON REBECCA MCMAHON MAVIS MORLEY MAR 25 MARY WESTBY MAR 26 MADELINE BILL

ANGELO SANTINA

MAR 27 ETHEL VANDERDUSSEN MAR 28 DEAN DIEHL ANDREW GINI DOROTHY HAMMELL LORRAINE URRIOLA ROBERT WESTBROOK MAR 29 GEORGE ATWOOD **IRENE NORED** MAR 30 EDNA MARSHALL RAY SMITH MAR 31 ROBERT GOFF GEORGE GUZMAN



ITEMS TO MAKE NOTE OF

JOHN RICE CRAIG DOESCHER LORI DOESCHER JANICE LEYVA JAYMIE CHARLEY SALLY JIMENEZ SHELLY MUNROE KIM FREY CAROL PARK CHAROLETTE ANDERSON EMBRY EDWARDS KATHY CORBETT SUSIE HENDRICKSON TOM ALEXANDER

VIRGINIA CUNNINGHAM LARRY ING PAUL ANDERSON BOB CHARLTON CELESTE WALLIMAN **HENRY NYU** AMY EMERSON TIM HORN JANARAE EDWARDS JORGINA HANCOCK CHRISTA SECORD

JOE GALVIN DAVID DODGE SHANNON GROPP SHARON QUIGLEY DEBORAH SAYERS BRENDA JAMES JOY PIPER LEE CLAPP RUBY MONTOGREGE ERMA TURNBULL DAVID TURNBULL SHARON HORN CHARLES NOVAK PATRICIA PLASTER

NEW MEMBERS

THANK YOU

WILLIAM N. PENNINGTON FOUNDATION **NEVADA GOLD MINES HUNT & SONS EJC FOUNDATION WESTERN STATES PROPANE** LAMOILLE PRESBYTERIAN CHURCH **BRIDGE PLAYERS** BINGO RAFFLE DONORS **UEC MOVIE THEATERS** FAMILY DOLLAR ON MOUNTAIN CITY HIGHWAY TIM & SHARON HORN MARK WITH IRON PIG BBQ



Wednesday, 04/16/25 - Brain Health and Memory Care Join us for lunch to hear a brief presentation at 11:30 and then stay for their full

presentation beginning around 12:15.

BIRTHOAY

APR 1

FAYE BARBER TERRI CLARK JOHN CORWIN KELLY HARDY TWYLA MCBETH MARY PITT DONALD SHANKS BERNHARDT VOELKEL

APR 2

MARY BETH CUMMINS JAMES HILL KAREN PETERSON CHRISTOPHER PIFFERO CHUCK PLUMB

APR 3

KAREN ABNEY CANDACE BARTH ROY SR. BURNS GLORIA FLORES JUSTIE GINES ANDREW GRABIL FRANCIS JONES JANNA WEILER RAYMOND WILSON

APR 4

EDWIN BERNIUS TOMMY JUSTUS DANA PRAY BETH TAKACS ELEX VAVRICK APR 5

BARBARA ANN

CYNTHIA CORDRAY JENARO HERRERA TIM HORN

APR 6

FREDRICK ATKIN JORJA MUIR PENELOPE POWELL

APR 7

BAMBI BAILEY TODD EDWARDS LINDA ENRIQUEZ-CURTIS RITA HOLDREN JULIE WILSON

APR 8

JAMES BRACHT DAVID COTHRUN ANNE CURTIS LINDA EVANS LORI GISH ARTHUR SALAZAR DENISE WEEMS APR 9

JOHN ADAN RAFAEL GILBERT

APR 10

MOISES ALBARRAN RAUL ALVARADO JON BEAUREGARD DEBBIE DEXTER FAY DUNBAR MICHAEL KESSLER DORITA MINTON ROBERT PARSONS MATT THIEL

APR 11

JIMMIE SUTHERLAND

APR 12

GENEVIEVE ALBITRE CAROL DOERR PATRICIA FISK JAN SKRUKRUD DAVID TURNBULL **APR 13**

DALILA EIDEMILLER KEN GRISWOLD FELIX IKE LEORA JACKSON DORIS TOOTHMAN

APR 14

ROBIN HAVIRD SHARON HENMAN VANESSA JOHNSTON LONNIE PERSONS JANE PLASTER APR 15

SUSANNE CROSS ALLAN FISK LINDA MANN WILLIAM MANN STEVEN SNYDER WAYNE TSOSIE, SR.

APR 16

JOHN HEBERT SHIRLEY HIGLEY ANNA HOGGATT

APR 17

DWIGHT BENEDICT LEMUEL DAVIS PATRICIA MCCABE REBECCA PETERS LYN RANDALL

APR 18

TAWNI ESCALANTI WILLIAM HOOVER JEWEL JACQUES ERIC LAUHA BREMA SKINNER ANNE STENINGER

APR 19

CHERYL BOLIN MARC FAUTEUX CLYDE IKE JACQUE MICHELI APR 20

JEANETTE JONES JOANNE LAMOUREUX RICK PALMER LINDA SALAZAR DOUGLAS SEVER

APR 21

ANGELA ALVARADO LYNN LEHMAN LEIGH PETERS APR 22

JOHN CARTER CATHY LINN DIANA MCCOLM DAVID STARBUCK

APR 23

BLANCHE LATIMER MAX LUGAUER DAVID RUSSELL CYNTHIA STANTON SHELLY THOMPSON

APR 24 AMY EMERSON

TERRY HAY SHIRLEY MOODY AMANDA ROUNDTREE ALVIN WRIGH

APR 25

NEIL ADAMS LESLIE CREEL ELENE DOWELL ANGELA GUYN JUSTINO NATIVIDAD-

SANTOS APR 26

ENGRACIA GAMINO SUSAN LAWRENCE JOSEPH NELSON KIMBERLY STONE

APR 27

WENDY BRACHT WALTER FISK MARJORIE GUILLAND ADDALYN HILL DON HOUTZ BRIAN NYREHN ROSEMARY OSTERHAUT WILLIAM TEMPLETON GERALD WAGNER

APR 28

KATHY SORENSON **APR 29**

LAURA BENNETT

ROSEANN CARPENTER LARRY ING BRADLEY LYONS KATHLEEN NAPPI GAIL SNOW ANN TORRES

ELAINE WEGNER APR 30

PAT COX MELISSA DAVIS RUSSELL MOORE DONNA SHELLEY



ITEMS TO MAKE NOTE OF



THE TERRACE AT RUBY VIEW and stay up to date with all the latest news & activities facebook



SOCIAL ZOOM CALL
TUESDAYS AND FRIDAYS AT 4:00PM
ZOOM ID: 824 8842 1823
PASSWORD: 024871

ITEMS TO MAKE NOTE OF

ENDOWMENT DONATIONS
RECEIVED IN HONOR OF
MEMBERS OR IN MEMORY OF
MEMBERS

MARK CHILTON
CONNIE ELLISON-HYDE
LEE ELLIOTT MICKELS
HARRY JACKSON, SR
LANETTE ARANGGUENA.

H&R BLOCK

It's that time of year! H&R Block will be here every Wednesday starting February 5th from 10:30 a.m.-1:00 p.m. to help you prepare your tax forms with drop off service. You can also drop off your paperwork to H&R Block at 331 11th St with attention to Jean Sloan. Call Jean at 775-738-4026 for more information. The cost is \$50.00 for basic services.

IN FEBRUARY 2025, WE
SERVED 5,915 SENIOR MEALS
AT AN AVERAGE COST OF
\$9.21. WE RECEIVED AN
AVERAGE OF \$2.26 PER MEAL
IN MEAL DONATIONS, WITH
AN ADDITIONAL \$5.69 IN
GRANTS, FOR A TOTAL OF
\$7.95 RECEIVED PER MEAL.

PLEASE MAKE ALL CHECKS PAYABLE TO ESAP. ESAP STANDS FOR ELKO SENIOR ACTIVITIES PROGRAM.



\$ CASH PRIZES \$

Game Packets \$10 each

Each Packet - 10 games/3 cards per game Bingo Daubers Available for Purchase

Must be 21 or older to play

Please NO outside FOOD

Snack & Beverage Purchases Available

Elko

Thursday,

April 10th

Doors open at 5 pm -

Game starts at 5:30 pm
The Elko Senior Center

The Elko Senior Center

1795 Ruby View Dr. -

Spring Creek Wednesday,

April 16th

Doors open at 5:30 pm -

Game starts at 6 pm

SCA Boardroom

401 Fairway Blvd. - S.C.

For more information please call us at 775-738-3030





BOARD OF DIRECTORS BULLETIN

BOARD OF DIRECTORS BULLETIN

THE DATE OF THE NEXT BOARD MEETING IS SCHEDULED FOR APRIL 21, 2025. WE WILL MEET INPERSON AND, PER REQUEST, PROVIDE ZOOM ACCESS. PLEASE SUBMIT THE REQUEST ONE WEEK
PRIOR TO THE MEETING. CHECK THE WEBSITE UNDER BOARD TO GET THE AGENDA INFORMATION.
THE MINUTES FROM THE LAST FEW MEETINGS WILL ALSO BE POSTED. THEY ARE IN PDF FORMAT SO
YOU WILL NEED ADOBE READER (OR ANOTHER TYPE OF PDF PROGRAM, IN ORDER TO BE ABLE TO
READ IT). IF YOU NEED A HARD COPY, YOU CAN ALWAYS CALL THE CENTER AT 775-738-3030 TO
REQUEST A COPY. ALL OF THE DIRECTORS OF THE BOARD HAVE CONTACT INFORMATION PROVIDED
ON THE WEBSITE UNDER BOARD. PLEASE FEEL FREE TO REACH OUT TO ANY OF THEM IF YOU HAVE
QUESTIONS OR CONCERNS, OR EVEN SUGGESTIONS! THANK YOU FOR YOUR SUPPORT AS WE WORK
TO PROVIDE THE BEST SERVICE POSSIBLE.

BOARD OF DIRECTORS

JENNIFER ROBERSON - CHAIR; MONICA WRIGHT-COSCARATTREASURER; MARSHA DAVIS, BILLIE JEAN CRAWFORD, ANNE
CURTIS, CATHY MCADOO, AND LYNN TERRAS
SENIOR CENTER STAFF
MATT MCCARTY - EXECUTIVE DIRECTOR; CARISSA CASSADORE
- ASSISTANT DIRECTOR; JANIS SHURTLIFF - ADMINISTRATIVE
ASSISTANT; LIZ WEAVER - LEAD COOK; JOSIE O'DONNELL ASSISTANT COOK; CANDI ASHBY - KITCHEN AIDE/DRIVER
TRAINER; SAMANTHA WRENFROW - KITCHEN AIDE/DRIVER;
STEFANIE MOHR-PERRY - KITCHEN AIDE/DRIVER; LORI MATSON
- KITCHEN AIDE/DRIVER; KELLY STEWART - KITCHEN
AIDE/DRIVER; CHRISTOPHER PIFFERO - DISHWASHER; JAIME
LOEPPKY - SUB. KITCHEN AIDE/DRIVER; STEPHANIE FRENCH SUB. KITCHEN AIDE/DRIVER; KENDA CONSTABLE - SUB.
KITCHEN AIDE/DRIVER;

For the Best Lunch in Town!

Lunch Meals are served Monday - Friday, between 11:30 a.m. to 12:45 p.m.

Diners over the age of 60 - suggested \$3.00 donation. For diners under the age of 60, the cost of the meal is \$10.00.

The Senior Center April Menu							
Monday	Tuesday	Wednesday	Thursday	Friday			
	1 Beef Vegetable Soup Egg Salad on Bagel Lettuce & Tomato 3 Bean Salad Tropical Fruit Tres Leches Cake	BBQ Pulled Pork Sandwich Baked Mac & Cheese Green Bean Tossed Salad Applesauce Cherry Fluff	3 Chicken Cacciatore Rice Squash Green Salad Banana Peanut Butter Cookie	Battered Fish Old English Chips Creamy Coleslaw Mixed Fruit Turtle Parfait			
7 Beef Hot Dog Chili Sauerkraut Broccoli Salad Mixed Fruit Cookie	8 Chicken Tenders Mac and Cheese Broccoli Garden Salad Jell-O with Fruit	Lasagna Spinach Salad Garlic Bread Orange Magic Bar Cookie	Pork Tacos Spanish Rice Refried Beans Garden Salad Spiced Applesauce Vanilla Ice Cream	Lemon Baked Fish Brown Rice & Lentil Pilaf Seasoned Peas Coleslaw Pears Assorted Dessert			
Tamales Spanish Rice Refried Beans Lettuce Tomato Salsa Fruit Cup Apple Crisp	Chili Cheese Baked Potato Carrots Spinach Salad Banana Muffin Yogurt	Oven Fried Chicken Sandwich Lettuce & Tomato Macaroni Salad Fruit Banana Cake	BBQ Pork Ribs Scallop Potatoes Green Beans Whole Wheat Bread Spiced Applesauce Sundae Bar Sponsored by Tim Hatch with Edward Jones	18 Easter Lunch Ham Angel Hair Pasta Asparagus Green Salad Orange Easter Cupcake Alternate Salmon Must order by Monday at 1:00			
21 Chicken Cordon Bleu Au Gratin Potato Tomatoes Vinaigrette Mixed Fruit Cookie	Meatloaf Baked Potato Edamame Mix Caesar Salad Dinner Roll Mixed Fruit Carrot Cake	Chicken in Orange Sauce Brown Rice Stir Fry Vegetable Spring Salad Strawberry Pretzel Dessert	24 Birthday Country Fried Steak Mashed Potato Cozumel Blend Green Salad Cake & Ice Cream	Spaghetti with Meat Sauce Green Beans Broccoli Salad Garlic Breadstick Mandarin Oranges Assorted Dessert			
Steak Strips with Onions Butternut Squash Garden Salad Pears Oatmeal Raisin Cookie	29 BBQ Chicken Burger Potato Wedges Lettuce & Tomato Pea Salad Cheesecake Parfait Cup	Roast Beef Red Potatoes Mixed Vegetables Garden Salad Mixed Fruit Carrot Cake					

*Menu is Tentative

Drive Thru & Chef or Chicken Apple Salad order before 9:00 am

The Elko Senior Center | 775-738-3030

National Day Calendar Days

Apr. 1 – National Tom Foolery Day

Apr. 2 – National Walking Day

Apr. 3 – National Tweed Day

Apr. 5 - National Caramel Day

Apr. 9 – National Cherish an Antique Day

Apr. 10 – National Siblings Day

Apr. 11 – National Living Donor Day

Apr. 11 – National Pet Day

Apr. 11 – National Eight Track Tape Day

Apr. 13 – National Make Lunch Count Day

Apr. 13 – National Scrabble Day

Apr. 14 – National Gardening Day

Apr. 15 - National Tax Day

Apr. 16 – National Healthcare Decisions Day

Apr. 18 – National Exercise Day

Apr. 20 - Easter

Apr. 20 – Volunteer Recognition Day

Apr. 22 - National Jelly Bean Day

Apr. 25 - National Arbor Day

Apr. 27 – National Tell a Story Day

Apr. 30 - National Bugs Bunny Day





Need Transportation? Call G.E.T. My Ride – 777-1428

For Door to Door Service
New riders need to register
24 hours in advance.

Elko Senior Activity Programs, Inc. (ESAP), was formed as a nonprofit corporation in Nevada to provide nutritious meals, socialization, health screening and education for older adults. As an IRS-approved 501.c.3, tax-exempt charity, your donation to ESAP may be tax-deductible, pursuant to the provisions of section 170.c. of the Internal Revenue Code of 1986, 26 U.S.C. 170.c. Please check with your accountant.



Looking to Volunteer?

Do you have an extra 30 minutes after lunch? We would appreciate help in sanitizing the tables Mondays, Wednesdays, and Fridays. Call us at 775-738-and Fridays.

DEBWIL NO' 34

O'S' BOSLYGE BYID

NONBROEIL ORG

Elko Senior Activity Programs, Inc. 1795 Ruby View Drive Elko, Nevada 89801

