



Board of Directors

Jennifer Back
Ormaza Construction
Chair

Cindy Hyslop
Great Basin College
Vice Chair

Kerry Aguirre
Rotary Club of Elko
Treasurer

Position OPEN
Member

Jon Karr
Dreez/Blind Onion
Member

Katrinka Russell
Elko County Assessor
Member

Monica Wright-Coscarat
Dance Company
Member

Senior Center Staff

Victoria Torres
Executive Director

Marjorie Birdsill
Kitchen Manager

Josie O'Donnell
Assistant Lead Cook

Candi Ashby
Kitchen Aide / Driver

Position Open
Activities Coordinator

Carissa Cassadore
Program Coordinator

Jesse Morgan
Dishwasher

Paulina Hernandez
Kitchen Aide / Driver

Donna Bochman
Kitchen Aide / Driver

Hot August nights are upon us!

A HUGE THANK YOU goes out to all those supporting us during these hard times!

It just goes to show you how amazing our community is.

Between Coronavirus, the break-ins (yes, the Center was broken into twice), and the gas leak, one could only wonder what keeps us going. What super power do we have? When and where did we get it? How have we not broken down yet? Whatever you want to call it, I would like to think of it as our SENIOR POWERS pushing us through. And let's not forget some of that good old-fashioned Community Spirit, it's a recipe for greatness!

Which leads me to what this month is known for, other than hot rods, car shows, summer fun, and BBQs, this month holds Senior Citizens Day. I know what you're thinking, "it's about time someone recognizes us for our wise and sagacious minds". The fact is, we do recognize the knowledge, skillset, and experience you have cured over the years. As technology advances, remember who was there in it's earlier stages. The advances made in medicine were made by so many professionals that are retired or aging into retirement. Whatever the profession or position, they have our respect and that is why we take care of them, to show them our appreciation. Like Elko County and The City of Elko leaders coming together, years ago, to help create a Senior Center.

Senior Centers are the Senior Campus of those 60 years or older where you can ask a friend for advice, have a lively conversation, share heritage or traditions with people that grew up around the same time as you did. Professionals visit our Senior Center to offer their services and sometimes they come bearing gifts, organizations offer to help with the little projects around the Center that we aren't always able to get to, some people are in the drive-thru and like to "pay it forward", whatever you do, just remember to thank a Senior Citizen this month.

The stories of changes they've seen is unlike anything you can read in book. *It will be interesting when we get to look back and add our Coronavirus experiences...*

-Victoria Torres and Staff

Drive-thru hours: Mon-Thurs 11:00am - 12:30pm and Fridays 9:00 - 10:30am



LET'S ALL DO OUR PART

- Wash your hands often with soap and water for at least 20 seconds.
- Stay home if you're sick.
- Cover your sneeze/cough with a tissue and throw it in the trash.
- Avoid touching your eyes, nose & mouth.
- Don't doctor hop.

MISSION STATEMENT:

To provide nutritious meals, socialization, health screening, and education.
We act as a catalyst for access, opportunity, health and independence for older adults.



August Birthday Celebrations


Nesbitt, John	01	Hunsaker, Leah	10	Johnson, Diana	20
Paris, Rama	01	Solari, Gloria	11	Stanton, Jim	20
Mayer, Mary	01	Reynolds, Dea Ann	11	Konakis, Stanley	20
Russell, Katrinka	01	Huston, Sally	11	Hauser, Laura	20
Means, Sandra	01	Shurtliff, Janis	11	Stepp, James	20
Talamantes, Irene	01	Godard, Debbie	11	Parman, Thetis	21
Reitmeier, Donald	02	Hernandez, Susana	11	Hartley, David	21
Hankins, Helen	02	Carter, Dan	12	Luna, Vic	22
Farnsworth, Susanna	02	Walker, Judy	12	Wiese, Wayne	23
Budd, Bill	03	Lara, Rodolfo	12	Cassadore, Carissa	23
Stone, Peggy	03	Means, Robert	14	Alvarez, Fernando	24
Mauldin, Ronnie	04	Fry, Malia	14	D'Asto, Charles	24
Aguirre, Robert	04	Bondo, Judy	15	Lara, Maria	24
Mowry, Thomas	04	Schollars, Sharon	15	Prunty, Marge	25
Molner, Dan	04	Osmonson, Pamela	15	Adams, Shirley	25
Boyce, Francis	04	Lino, Dana	16	Herr, Dolores	25
Turner, J W	05	Carmack, Robert	16	Mueller, William	25
Halls, Helen	06	Ackley, Floyd	16	Sheets, Pamela	25
Leyva, Marilyn	06	Arano, Luciano	17	Jewett, Patricia	26
Unruh, Darlene	06	Pinne, Brenda	17	Tilton, James	26
Delatorre, Salvador	06	Reynolds, Virginia	17	Duval, Del Lane	27
Harris, Kaye	06	Goodale, Doris	17	Salazar, Anthony	27
Lopez, Anthony	06	Fort, Roger	17	Jones, Ray	29
Reyes, Efrain	06	Lore, Sarah	17	Wilkie, Marlene	29
Paoli, Kay	07	Wheeler, IloSue	18	Piffero, Lita	30
Wright, Annie	07	Cummins, James	18	Jones, Tuinita	30
Lomeli, Paul	07	Purdy, Nita	18	Grover, Joy	30
Carrillo, Faye	09	Robinson, Myrna	19	Kibby, Larry	30
Schain, Eugene	09	Diekhans, Nadine	19	Lage, Neva	31
McGee, Rhonda	09	Bourke, Linda	19	Holdaway, Penny	31
Evening, Phyllis	10	Thacker, Gwen	20	Reeder, Greg	31

New Members!

Bell, Martin
 Fisk, Edith
 Fisk, Floyd
 Fisk, Patty
 Holmes, Paul
 Mathews, Aida
 Munger, Robin
 Tilton, James
 Tilton, Jill

Upcoming Events:

8/20-Podiatry with Dr. Patton

Thursday, August 20th 
 Please call the office at 738-3030 to make an appointment to treat your feet.
 Fee: \$10.00 per person

NEW INSTRUCTIONS DUE TO COVID-19 RESTRICTIONS
(Date is also subject to change)

8/21-Senior Citizen's Day!

It was proclaimed by the General Assembly of the United Nations on Dec 14, 1990.

This is the day the world lets our Seniors know how much we care and recognize them for their achievements. As pioneers of science, medicine, psychology, and so much more

In Loving Memory



Patricia Kendrick
 May 8, 2020



Carolyn "Sue" Gibson
 June 15, 2020



Lila Crawford
 July 9, 2020

Elko Resource List

Aging and Disability Resource Center

Offers assistance with short-term and long-term service and supports, benefits counseling, applications assistance and more. Elko Office at it's new location, 1071 Idaho Street. Contact Ashley at 775-753-4085.

Elko Senior Center

Curbside pick-up lunch Monday – Thursday starting at 11:00 am – 12:30 pm, Fridays from 9-10:30 am to seniors 60 years and older. Meals on Wheels program is offered to those who are unable to leave their home. For more information, call the office at 738-3030.

COVID-19 HOTLINE

Elko County has devoted a public hotline to help those experiencing symptoms and to answer questions about COVID-19. Call or Text **775-777-2507** to speak to a professional, you may also email questions to COVID19@elkocountynv.net the hotline is staffed from 9am to 12pm and 1pm to 5pm, Monday-Friday. Facebook Page: [Elko County COVID-19 Response](#).

Ruby Mountain Resource Center

Tuesdays and Thursdays- nonperishable foods are available from 11-2pm. (Clothes are available with a referral). Debbie is willing to drop off clothes or groceries to people in need Monday, Wednesday and Thursdays.

Senior to Senior Help

For assistance with prescriptions & groceries. For more information, call us at 738-3030.

Walmart

Senior Shopping Every Tuesday from 6-7am.

Khoury's Market

Every day from 6-7am for elderly.

Drive up Food Sites

Wells, Jackpot, Carlin, Owyhee, West Wendover and Southside Schools (Mon-Fri 10am-12pm).

G E T
Greater Elko Transit
My Ride
ELKO COUNTY
NEVADA

Need Transportation?
Call G.E.T. My Ride –
777-1428
For Door to Door Service
New riders need to register
24 hours in advance.

F.I.S.H.

Food bank is open curbside pick-up Monday, Tuesday & Thursday from 9-12:30. If client needs to make special arrangements, please call 738-3038

Albertsons

Open to people at risk, pregnant, immune deficient and elderly from 11-2pm on Tuesdays and Thursdays. Matt (store director) is willing to place phone orders & save any essentials ahead of time. If need be, he will bring out these orders to their cars.

Smith's

Open to people at risk, immune deficient and elderly from 7-8 am Monday, Wednesday & Fridays. Waiving the pick-up fee at point of transaction, for online orders received curbside for verified 60 years and older during COVID-19 pandemic. From 8am-10pm, they will have staff on hand to assist those that need special accommodations.

La Unica

6am- 7am are best times to go. They are willing to hold back some essentials if need be for elders and people with immune deficiencies.

Raley's eCart

They are implementing pre-packages of essential needs in shopping bags available to anyone that asks, first come first serve. They are waiving the e-cart charge for seniors, and there is a limit of 2 items per person.

Proud Partners With

NEVADA GOLD MINES
NEWMONT
BARRICK
SOUTHWEST GAS
KONAKIS AUTOMOTIVE
UNION PACIFIC
UNT & SONS

COMMUNITY Organization Team Members People Care Location Unity Society Network Collaboration Support Connection Group Neighborhood Interaction Unified Trust Relationship

Monday, Wednesday, and Friday;
 we have social time on an internet portal called Zoom. We would love for you to join us in conversation and fun!

Zoom is a portal that allows you to see and talk to one another and share.

If you need help setting it up on your mobile device, laptop, iPad, or tablet, give us a call at 738-3030 and we will be happy to make arrangements to walk you through the steps.

(Instructions are also provided at drive-thru)

Monday/Wednesday Social: 1:00-2:00pm
Fridays: 12:00-1:00 pm
Meeting I.D Number: 98340405722
Password: 4PHqDa

Tuesday Bible Study: 1:00-2:00pm
Meeting I.D Number: 97148037295
Password: 5ZncbJ



Summer Art
 All this talent found in Elko!

Symptoms of COVID-19

Symptoms* can include

- FEVER**
- COUGH**
- SHORTNESS OF BREATH**

*Symptoms may appear 2-14 days after exposure.



Weekly menu posted our Facebook page: **The Terrace at Ruby View** (also available in our drive-thru and on our website)

Lynette Davis retiree with the Elko County School District

Follow our Facebook page: **THE TERRACE AT RUBY VIEW** and stay up to date with all the latest news & activities



Elko Senior Activity Programs, Inc. (ESAP), was formed as a nonprofit corporation in Nevada to provide nutritious meals, socialization, health screening and education for older adults. As an IRS-approved 501.c.3, tax-exempt charity, your donation to ESAP may be tax-deductible, pursuant to the provisions of section 170.c. of the Internal Revenue Code of 1986, 26 U.S.C. 170.c. Please check with your accountant.



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AT RUBY VIEW
 Center for Active Living

THE TERRACE

Elko Senior Activity Programs, Inc.
 1795 Ruby View Drive
 Elko, Nevada 89801